AAISA Training & Professional Development Courses

	Codes	Course Title	Hours
1		Trauma Informed Care	15 hrs
2		Advanced Trauma Informed Care	15 hrs
3	2I	Needs Assessment and Action Plan	15 hrs
4	2A	Professional Roles and Ethics	15 hrs
5	2D	Settlement Transition Process	15 hrs
6	2F	Basic Counseling in Cross-Cultural Context	15 hrs
7	2A	Settlement 101	15 hrs
8	2L	Building Capacity in the Alberta Settlement Sector for Newcomers with Disabilities	15 hrs
9		Welcoming Diversity	15 hrs
10	2L	Supporting multi-Barriered Clients	15 hrs
11	2D	Psychosocial Health Needs of Refugees	15 hrs
12		Supporting Clients with Multiple Barriers to Learning	15 hrs
13	3D, 3E	Leadership and Conflict Transformation	15 hrs
14	2I	Foundations of Case Management I	15 hrs
15		Sexual and Gender Based Violence	15 hrs
16	2C	Immigration Processes and Mechanics	15 hrs
17	2K	Employment Training for Settlement Workers	15 hrs
18		Stress Management and Self Care	15 hrs
19	2B	Developing Intercultural Competence	15 hrs
20		Fostering Workplace Psychological Health and Safety	15 hrs
21		Introduction to LINC Programming	15 hrs
22		Building Rural Capacity to Support Newcomers	15 hrs

23	3D	Crisis Intervention for Settlement Practitioners	15 hrs
24	2H	Anti-Discrimination	15 hrs
25	2I	Motivational Interviewing	15 hrs
26	3B	Outreach and Community Connections	15 hrs
27	2I	Foundations of Case Management II	15 hrs
28	2B, 2H	Unconscious Bias, Stereotype and Micro-aggression in Settlement	15 hrs
29		Strength-Based Approach to Settlement Practice	15 hrs
30		Managing Multiple Roles in Alberta's Small Centres	15 hrs
31		Bridging the Gap and Exploring Mental Health Resources for Newcomer Youths	15 hrs
32		Understanding Culturally Safe Mental Health and Mental Wellness	PHAC Courses total to 15 hrs
33		Stigma and Discrimination in Mental Health and Mental Wellness Support	
34		Mental Health System Navigation and Support Mechanisms for Newcomers	
35		It's Complicated	
36		Having Difficult Conversations / Emotional Resilience and Agility	
37		Building Better Boundaries	
38		Mental Health Support Organizational Audit Tool	
39	2H	Diversity, Equity, Inclusion, Belonging in Settlement	15 hrs
40		Essential for Newcomers Psychological First Aid	15 hrs
41		Navigating Addictions and Refugee Mental Health: A Safety Approach in Resettlement	15 hrs
42		Introduction to GBA Plus	6 hrs
43		Organizational Capacity Building Through a GBA Lens	6 hrs
44		Ethical AI, Cyber Security and Digital Resilience in the Settlement Sector	15 hrs
45		Francophone Integration Pathway	15 hrs

46		Building Inclusive Practice: Racism, Allyship, and Belonging	15 hrs
47		Program Design in Practice: Inclusive and Responsive Planning	15 hrs
48	3N	Working with Newcomer Seniors	15 hrs
49		Supporting Newcomer Parents: Responding to Postpartum Challenges, Parental Stress, and Parenting in Crisis	15 hrs