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# How Pre-Arrival Services Help Immigrants to Canada Even Before They Arrive

Every year, thousands of immigrants choose Canada as their new home. According to the [2021 Census](#), nearly 25% of Canadians are foreign-born, a clear reflection of the country's diversity and welcoming spirit. But even before landing in Canada, newcomers have access to vital supports through pre-arrival services—a crucial but often underutilized part of the settlement journey.

## Why Pre-Arrival Services Matter

Pre-arrival services help immigrants prepare for life in Canada by offering personalized guidance and practical tools to ensure a smoother transition. Funded by [Immigration, Refugees and Citizenship Canada \(IRCC\)](#), these services are available to individuals who have been approved for permanent residence.



## Pre-arrival services:

- ✓ Assessing the needs of immigrants and connecting newcomers to relevant supports pre- and post-arrival;
- ✓ Provide accurate, up-to-date information on life and employment;
- ✓ Equipping immigrants with the skills and knowledge needed to enter Canada's labour market;
- ✓ Facilitate community and professional connections before arrival.

Despite their value, many newcomers are unaware of these free, high-quality services. To learn more about IRCC-funded pre-arrival services, visit [www.prearrivalcanada.ca](http://www.prearrivalcanada.ca)

## Spotlight on Planning for Canada (PfC)

Since 2007, the Planning for Canada (PfC) program has supported over 67,000 immigrants from 111 countries, helping them begin their Canadian journey with confidence and clarity.

“Planning for Canada is a transparent program that gives you a real picture of what life in Canada would be like when you first arrive. It also helps you create a to-do list of what you need to focus on.”

— Nithya, PfC Client from India

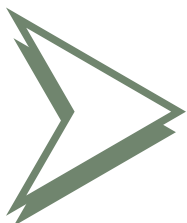
Get more tips from PfC alumni on  
[YouTube channel.](#)

PfC supports skilled workers, family-class immigrants, and Atlantic Immigration Program (AIP) candidates, providing trustworthy information to help newcomers make informed decisions about their future.

Our facilitators, who deliver PfC services and provide guidance to our clients, emphasize the importance of PfC-tailored support: “Immigrants receive reliable and precise information about settlement and employment in general and in particular to their situation. At times, one cannot ask certain questions to people known to them due to fear of judgement and can't rely on Google for answers. A pre-arrival service like ours breaks both barriers and provides apt answers.”

## What PfC Offers

PfC's services are free, virtual, and available globally in multiple time zones, with programming offered in English and French. Whether clients prefer guided sessions or self-directed learning, PfC has flexible options to suit different learning styles.



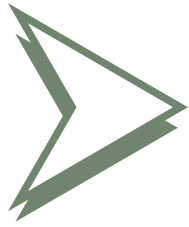
The Immigrant Workshop: PfC's Immigrant Workshop provides you with accurate and up-to-date information about the key aspects of living and working in Canada.



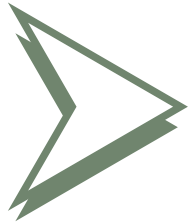
Self-Directed e-Learning: PfC's new immersive virtual service allows you to explore various topics related to living and working in Canada at your own pace.



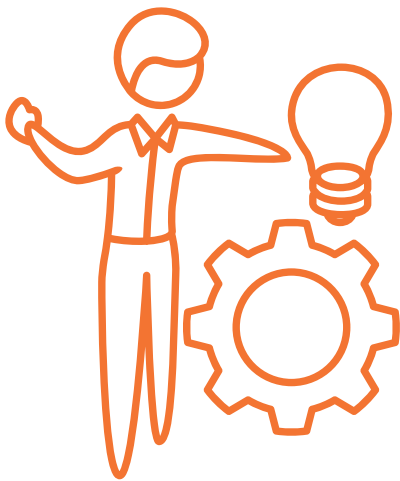
The One-on-One Personalized Planning Session: One of PfC's well-trained facilitators will assess the unique needs and assets of clients, helping them create a personalized Settlement Plan based on their intended occupation and destination. A facilitator will also connect them with our in-Canada advisors for further personalized guidance and support.



The Live Webinars to supplement your learning: Expert guests join Pfc to expand on the information provided during the Workshop and One-on-One session. Our webinars are open to anyone!



E-Library: Pfc has an extensive E-Library of resources that can help immigrants discover important and useful pre-arrival tips, checklists, and recommendations in a flexible, self-paced manner. Some resources are available here.



“Our job as facilitators is not to paint a rosy picture of Canada, but to provide realistic and up-to-date information that truly helps. We make sure clients don’t feel disillusioned when they arrive,”

— Pfc Facilitator

“In a nutshell, the pre-arrival program assists immigrants to organize and prepare more systematically for their new journey and to arrive with confidence in Canada,”

— Pfc Team Member

## Get Started with Pfc

If you're approved for permanent residence and preparing to move to Canada, take advantage of this free, trusted service. The Pfc team is ready to help you create a realistic and informed plan for success.

 Visit Website: [www.prearrivalcanada.ca](http://www.prearrivalcanada.ca)

 Register here: <https://pfc-cms-portal.powerappsportals.com/en-US/customer-registration/?lang=English>

 For any questions about services: <https://www.planningforcanada.ca/contact>